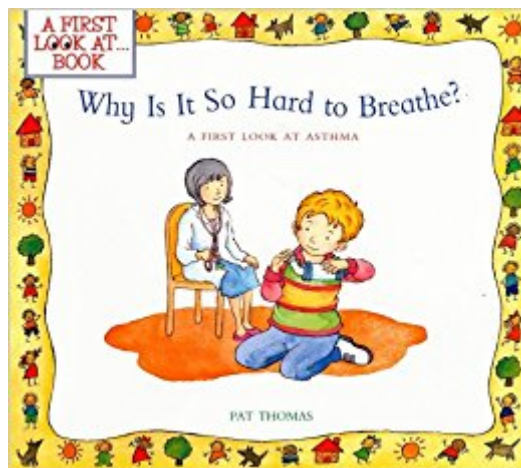




The book was found

Why Is It So Hard To Breathe?: A First Look At...Asthma (A First Look At...Series)



Synopsis

An easy-to-understand text complemented with color illustrations reassures children who suffer from asthma, explaining what it is and reminding them that with proper treatment and medical council, they can participate in all childhood activities and lead normal lives. All titles in the very helpful A First Look at. . . series speak directly to preschool and early-grades children, encouraging them to explore their feelings and talk to trusted elders about ways of dealing with things that bother them. Some problems discussed in these books are passing in nature and can be solved with relative ease. Others, like those treated in this new title, encourage children who have long-term health problems to trust in the professional medical care that they require, and not be frightened by it. The book features child-friendly color illustrations on every page. A brief section at the end of the book presents specific advice and information for parents.

Book Information

Series: A First Look at...Series

Paperback: 32 pages

Publisher: Barron's Educational Series (June 1, 2008)

Language: English

ISBN-10: 0764138987

ISBN-13: 978-0764138980

Product Dimensions: 11.8 x 5.2 x 0.2 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 3 customer reviews

Best Sellers Rank: #3,042,791 in Books (See Top 100 in Books) #62 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma](#) #1577 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness](#)

Age Range: 4 - 8 years

Grade Level: Kindergarten - 3

Customer Reviews

I liked this book for a snuggle on the lap read with my 4yr old girl who is newly diagnosed. This is a huge time of learning for all of us so I appreciated this book being relevant and current. The pictures are helpful too. They match the devices and medicines my little one uses.

My students with asthma enjoyed when I read this to the class. The other students like it too. It's

informative and uses child-appropriate language.

Beautifully illustrated, informative book. Highly recommended for grades PreK-2.

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Why Is It So Hard to Breathe?: A First Look at...Asthma (A First Look at...Series) Breathe, Mama, Breathe: 5-Minute Mindfulness for Busy Moms The Everything Parent's Guide to Children with Asthma: Professional advice to help your child manage symptoms, be more active, and breathe better Breathe Easy, Young People's Guide to Asthma Breathe to Heal: Break Free From Asthma (Learn Buteyko) (Breathing Normalization) Reversing Asthma: Breathe Easier with This Revolutionary New Program Asthma: Relax, You're Not Going to Die: Breathe More Easily with Safe and Effective Natural Therapies The Asthma Breakthrough: Breathe Freely-Naturally! Asthma : Breathe Again Naturally and Reclaim Your Life Asthma-Free Naturally: Everything You Need to Know About Taking Control of Your Asthma--Featuring the Buteyko Breathing Method Suitable for Adults and Children Control Your Child's Asthma: A Breakthrough Program for the Treatment and Management of Childhood Asthma Children's Asthma The Practical Guide (Practical Children's Asthma Book 1) The Complete Kid's Allergy and Asthma Guide: Allergy and Asthma Information for Children of All Ages A Parent's Guide to Asthma: How You Can Help Your Child Control Asthma at Home, School and Play How Asthma Makes Me Feel : A Commemorative Book of Artwork and Essays By Young People with Asthma Asthma - A Link Between Environment, Immunology, and the Airways: Proceedings of the XVIth World Congress of Asthma, Buenos Aires, October 17-20, 1999 Yoga Beats Asthma: Simple exercises and breathing techniques to relieve asthma and respiratory disorders ABC of Asthma, Allergies and Lupus: Eradicate Asthma - Now! Asthma-Free Naturally: Everything You Need to Know to Take Control of Your Asthma - Featuring the Buteyko Breathing Method Suitable for Adults and Children Asthma Survival: The Holistic Medical Treatment Program for Asthma

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